

2024 SPRING SEMESTER CLASSES POLICIES AND PROCEDURES



TABLE OF CONTENTS

Page 1 - Welcome Letter

Page 2 -8 General Information

~ *Code of Conduct*

~ *Attendance*

~ *Attire & Attire Form*


~ *Closures*

~ *Tuition*

~ *Registrations & Refunds*

~ *Late Fees*

~ *Recitals & Costumes*

Page 9 - Signature Page 

Page 10 - Medical Form 

Pages 11 - Safety Waiver 

Pages 12 - 2024 Spring Semester Class Schedule

Page 13 - Important Dates

Page 14- 2024 Spring Semester Registration Form 



MUST BE SUBMITTED UPON REGISTRATION



ALLEGRA

DANCE GREENWICH

I

Dear Allegra Dance Greenwich Parent and Dancer,

We are excited to welcome you to our **2024 Spring Semester**.

Please carefully read the following information. Please fill out and sign our **Safety-First Assumption of Risk/Waiver of Liability, Medical Form and Signature Form**.

STUDENTS WILL NOT BE ABLE TO TAKE CLASS WITHOUT THESE FORMS.

We are excited for the 2024 Spring Semester and to have you as a part of our dance family!

Carrie Page Normington
Owner

Carrie Page Normington

Allegra Dance Greenwich



Allegra Dance Greenwich has two semesters:

Fall Semester: September through the end of January

Spring Semester: February (January 29, 2024) through May through May.

Company members are required to attend both semesters.

We offer afternoon dance classes, summer dance intensive classes and a Summer Themed Dance Camp.

Placement in class is at the discretion of the directors and not necessarily based on years of experience or age. A trial class will help us to best place your child in the correct level. Private lessons are available by appointment.

CODE OF CONDUCT AND SAFETY

Please note that dancers are supervised by Allegra Dance Greenwich staff members during class time.

In the case of an emergency, please contact the office at (203) 629-9162.

We have a zero-tolerance policy for inappropriate, disruptive or offensive behavior (verbal or physical) by Allegra Dance Greenwich Students or their parents.

We hold our staff to the same standards. Students who exhibit this behavior will be immediately terminated from the program without refund. Allegra Dance Greenwich strives to provide the best dance training in a nurturing environment where everyone feels comfortable and valued.

ATTENDANCE AND TARDINESS

Regular, punctual attendance is important to a child's progress. Being on time for class is essential. Dancers should not disrupt class by entering late or leaving early. Classes begin with warm up exercises to prevent injuries. If a student is more than fifteen minutes late, she/he will be asked to observe the remainder of class as it will not be possible for them to be properly warmed up to join the other dancers. Dancers who must leave early are required to get prior permission from their instructor. All students must notify the Allegra Dance Greenwich office at 203-629-9162 or at office@allegradancegreenwich.com of any absence or tardiness. Students who have more than one absence leading up to recitals or performances may not be eligible for participation. **NO REFUNDS WILL BE GIVEN FOR TUITION OR COSTUMES.**



ATTIRE

RISING STARS BALLET / BALLET I-VII

LEOTARDS PURCHASED THROUGH ALLEGRA DANCE GREENWICH
TIGHTS AND SHOES CAN BE PURCHASED AT BEAM AND BARRE

Students are required to purchase an official Allegra Level Leotard. Order forms can be found on [page 6](#).

Ballet students may purchase other leotards in their level's color at their discretion. It is recommended that dancers purchase at least two leotards, one ballet skirt (**no shorts allowed**) and three pairs of convertible pink tights.

LEVEL VII STUDENTS CAN WEAR A BLACK LEOTARD OF THEIR CHOICE. **LAST SEASON LEOTARDS ARE ALSO ACCEPTABLE.**



Leveled Ballet
Skirts



RS /Level I
Pink



Level II
Royal Blue



Level III
Lilac



Level IV
Purple



Level V
Teal



Level VI
Navy Blue



Rising Stars-Level II
Footed



Level III - VII
Convertible

Ballet students are also required to wear pink ballet shoes with elastics sewn on.

Skin colored ballet slippers can be worn for students who wish to wear them.



Rising Stars - level II



Level III-VII

Hair must be worn in a neat bun – secured with bobby pins, hair elastics and a hair net for Ballet Levels II-VII.

Boys- Black Leggings or Sweatpants, white t-shirt and socks



ATTIRE CONTINUED

Jazz/Modern/Contemporary (COMPANIES INCLUDED)

CAN BE PURCHASED AT BEAM AND BARRE

Students are required to wear

- any black leotard
- jazz pants
- black leggings
- skin colored tights combined with black shorts
- skin colored jazz shoes.



Hair must be pulled back into a neat ponytail or bun.

Boys- Black Leggings or Sweatpants, white t-shirt and socks

ACRO DANCE

CAN BE PURCHASED AT BEAM AND BARRE

Students are required to wear

- any colored leotard
- black jazz pants
- black leggings
- skin colored tights with black shorts
- Bare feet



Hair must be pulled back into a neat ponytail or bun.

Boys- Black Leggings or Sweatpants, white t-shirt and socks

HIP HOP (COMPANIES INCLUDED)

SNEAKERS PURCHASED THROUGH ALLEGRA DANCE GREENWICH

Students are required to purchase from Allegra, black sneakers shown below (to be kept at the studio). They can wear comfortable clothing that they can move in (**no jeans or shorts; nothing too revealing**). Leggings and t-shirt are recommended.





ATTIRE CONTINUED

TAP (COMPANIES INCLUDED) CAN BE PURCHASED AT BEAM AND BARRE

students are required to wear

- black tap shoes
- a leotard (any solid color)
- black jazz pants
- black leggings
- skin colored tights combined with black shorts

Hair must be pulled back into a neat ponytail.



Black
Jazz
Pants



Black
Leggings



Black Shorts
w/ tights



Rising Stars
Beginner



Intermediate
Company



Boys
Shoes

Boys~ Black Leggings or Sweatpants, white t-shirt and socks

To Purchase Your Ballet Leotards and Hip Hop Sneakers, Please Fill Out Our ADG Attire Form on the Next Page And Send It Back to us.



ADG BALLEET LEOTARDS

					
\$39	\$45	\$45	\$45	\$39	\$45
Rising Stars & Ballet I Pink	Ballet II Royal	Ballet III Lilac	Ballet IV Dark Purple	Ballet V Teal	Ballet VI Navy

	Q		Q		Q		Q		Q
3-4	<input type="checkbox"/>	YS	<input type="checkbox"/>	YS	<input type="checkbox"/>	YXL	<input type="checkbox"/>	YXL	<input type="checkbox"/>
4-6	<input type="checkbox"/>	YM	<input type="checkbox"/>	YM	<input type="checkbox"/>	AXS	<input type="checkbox"/>	AXS	<input type="checkbox"/>
6x-7	<input type="checkbox"/>	YL	<input type="checkbox"/>	YL	<input type="checkbox"/>	AS	<input type="checkbox"/>	AS	<input type="checkbox"/>
8-10	<input type="checkbox"/>	YXL	<input type="checkbox"/>	YXL	<input type="checkbox"/>	AM	<input type="checkbox"/>	AM	<input type="checkbox"/>
				AXS	<input type="checkbox"/>	AL	<input type="checkbox"/>	AL	<input type="checkbox"/>
				AS	<input type="checkbox"/>	AXL	<input type="checkbox"/>	AXL	<input type="checkbox"/>
				AM	<input type="checkbox"/>				
				AL	<input type="checkbox"/>				

ADG BALLEET SKIRTS

 **\$22/Y** **\$26/A**

- Quantity
- Ballet II Royal
 - Ballet III Lilac
 - Ballet IV Dark Purple
 - Ballet V Teal
 - Ballet VI Navy

ADG HIP HOP SNEAKERS

 **\$68**

Sneaker Size _____

STUDENT NAME _____
 PARENT(S) _____
 EMAIL _____
 CELL () _____ HM () _____
 TOTAL PURCHASE \$ _____

Payment

Credit Card # _____
 Exp. Date _____
 CVC _____
 Check # _____

CLOSURES

Please see our online calendar at www.allegradancegreenwich.com, on our app or our SAVE THE DATES for scheduled closures and upcoming events. In the event of inclement weather, all classes will be cancelled and you will receive an email. It will also be posted on our Facebook, Instagram and app. Please ensure that you have updated your email address with the office and that you are receiving our emails (please add us to your contact list to prevent emails from going into your spam). Allegra Dance Greenwich reserves the right to combine or cancel classes due to the number of participants.



@allegradancegreenwich



Allegra Dance Greenwich



Allegra Dance App

TUITION PER SEMESTER

1 class weekly: \$505

2 classes weekly: \$870

3 classes weekly: \$1,130

4 classes weekly: \$1,365

5 classes weekly: \$1,645

6 classes weekly: \$1,795

Unlimited classes: \$1,850

REGISTRATION AND REFUNDS

A required \$40 Registration fee must be paid each semester and is non-refundable. Families with more than one dancer will be charged a \$25 registration fee per sibling. The entire balance is due upon registration or a payment plan can be established. **Refunds will only be issued immediately before the first class. All refunds will include a 20% processing fee.** A credit will be issued due to a medical condition (doctor's note required). Students who enroll later in the semester will receive a prorated amount of no more than three classes. Missed classes can be made up until the end of the current semester by attending another Allegra class. Please schedule make-up classes with the office. **No refunds will be given on classes missed due to school holidays, inclement weather, illness or other activities. Classes are non-transferable between students.**



LATE FEES

All balances not paid by the agreed upon date will be charged a late fee of \$50.00 for each month the balance is late. Any accounts still delinquent by December for the Fall Semester and April by the Spring Semester, will incur an additional \$20 late fee. Dancers will not be allowed to participate in the Nutcracker or Spring Recitals if their accounts are not up to date. There will be no grace period and late fees will not be waived for any reason.

RECITAL AND COSTUME FEE

Allegra Dance Greenwich has three major performances per year.

The Nutcracker will be performed by all Ballet students (Levels I and up), Acro students and few Hip Hop students. The Performance will be held either the first or second Saturday in December. A performance fee of \$95 will be charged per student.

The Lower School Recital (ADG Fest) will be held in May. Students in the Rising Stars program, lower school classes and company members will participate in this show.

The Upper School Recital will be held in June. Students in the upper school classes and company members will participate in this show.

Ticket prices, exact location, mandatory rehearsal schedules and all other related information will be supplied to you at a later date via email and information packets.

A costume fee of \$85 will be charged per class for the Lower School and Upper School Recitals. **If your child cannot participate in the Lower or Upper School Performances, please inform us in writing via email by March 1st. If we do not receive this information by March 1st, we will assume that your child is performing and you will be charged a non-refundable costume fee.** Once a costume has been ordered it cannot be returned to the manufacturer. If you let us know that your child cannot perform in the show after the costume has been ordered, you will be responsible for the costume payment. Costume fees are due upon Spring registration to ensure that all costumes arrive on time. A \$15 late fee will be charged per costume for Rush Processing and expedited shipping & handling. Alterations are the responsibility of the parent.



ALLEGRA

DANCE GREENWICH

SIGNATURE PAGE 9

SIGNATURE PAGE

We are thrilled to have you as a part of the Allegra Dance Greenwich family! If you have any questions please do not hesitate to contact Carrie Page Normington at office@allegradancegreenwich.com or 203-629-9162. We are happy to answer any questions or concerns that you may have.

I have read Allegra Dance Greenwich Policies and agree to the terms stated in this document.

STUDENT NAME

SIGNATURE OF PARENT/LEGAL GUARDIAN

DATE

PRINT PARENT/LEGAL GUARDIAN

SIGNATURE OF STUDENT (If over 18)

DATE

PRINT STUDENT NAME (IF OVER 18)

MUST BE FILLED OUT AND SENT BACK TO COMPLETE REGISTRATION



MEDICAL INFORMATION - OPTIONAL

Our student's health is very important to us and as teachers we want to know how to make our students class time enjoyable and effective.

In the comments section below, please disclose any health conditions you would like to bring to our attention so that our staff can better assist your child during their dance education.

Comments:

COVID-19 VACCINATION RECORD - REQUIRED

Please Check Off Your Vaccination Status: Yes No

By signing this document you have read and understand the contents here in. You have agreed to provide the correct information regarding your child's medical conditions (optional) and COVID-19 Vaccination status (required).

Student Printed Name _____

Parent Signature _____

Date _____



ALLEGRA

DANCE GREENWICH

Safety-First Assumption of
Risk/Waiver of Liability
STUDENT/PARENT

II

Due to the novel Coronavirus (COVID-19) and RSV, ALLEGRA DANCE GREENWICH is taking extra precautions with the care of every student and teacher.

In consideration of being allowed to participate on behalf of Allegra Dance Greenwich and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, Influenza, Monkeypox, RSV and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of illness does exist; and ,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation in regards to protection against infectious diseases. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Owner of Allegra Dance Greenwich immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS ALLEGRA DANCE GREENWICH, their teachers, owners and staff, WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

This is to certify that I, as Parent/Guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/releases to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Student Printed Name

Parent Signature

Date Signed



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DANCE GREENWICH

2024 Spring Semester Class Schedule

12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

NEW

Stretch and Flex
Ages 8-10 years
3:45-4:45pm

Int./Adv. Modern
3:45-4:45pm

Junior Tap Company
(By Audition)
3:45-4:30pm

Beg./Int. Modern
7-10 years
4:00-4:45pm

NEW

BOYS
RS Acro/Jazz
3-5 years
3:45-4:15pm

RS Ballet
2.5-4years
9:30-10:00am

Int.
Jazz/Contemporary
11-16 years
4:45-5:45pm

Ballet 2
(By Evaluation)
4:45-5:30pm

Ballet 3
(By Evaluation)
4:30-5:30pm

NEW

Stretch and Flex
Ages 10-18 years
4:45-5:30pm

Ballet 3
(By Evaluation)
4:15-5:15pm

Ballet I
(By Evaluation)
10:00-10:45am

JR Jazz Company
Technique
(By Audition)
10:00-11:00pm

RS Beg./Int.
Tap/Jazz
5-9 years
5:45-6:30pm

RS Beg./Int. Hip Hop
4.5-7 years
5:30-6:15pm

Ballet 4
(By Evaluation)
5:30-6:30pm

Int./ Adv. Hip Hop
10-14 years
5:30-6:30pm

Beg. / Int. Acro
5:15-6:15pm

JR Jazz Company
Choreography
(By Audition)
11:00-12:00pm
Ballet 6/7
(By Evaluation)
Technique
11:00-12:00pm

Teen II Jazz Company
Technique and
Rehearsal
(By Audition)
5:45-6:45pm

Int. Hip Hop
8-12 years
6:15-7:15pm

Ballet 5
(By Evaluation)
5:30-6:30pm

Adv. Hip Hop
14 and Up
6:30-7:30pm

Int./Adv. Acro
6:15-7:15pm

Kids Xlposion
(By Audition)
12:00-1:00pm
Ballet 6/7
(By Evaluation)
Variations
12:00-1:00pm

Teen/Senior
Tap
Company
(By Audition)
6:45-7:45pm

Ballet 4
(By Evaluation)
7:15-8:15pm

Ballet 6/7
(By Evaluation)
Technique
6:30-7:30pm

Elite Jazz Company
(By Audition)
Technique
7:00-8:00pm

Private
Lessons
7:15-8:15pm

Junior Xlposion
(By Audition)
1:00-2:00pm
Private
Lessons
1:00-2:00pm

Private
Lessons
7:45-8:45pm

Pre-Pointe/Pointe I/II
(By Evaluation)
8:15-9:00pm

Ballet 6/7
(By Evaluation)
Variations
7:30-8:30pm

Elite Jazz Company
(By Audition)
Choreography
8:00-9:00pm

Senior Xlposion
(By Audition)
2:00-3:00pm
Private
Lessons
2:00-3:00pm

SUNDAY

Rehearsals
10:00-1:00pm

Beg. = Beginner
Int. = Intermediate
Adv. = Advance
RS= Rising Stars

STRETCH/FLEX

BALLET

JAZZ

TAP

RISING STARS

HIP HOP

MODERN

ACRO

PRIVATE LESSONS



245 MILL STREET GREENWICH, CT 06830
WWW.ALLEGRADANCEGREENWICH.COM
203-629-9162

2024 SPRING SCHEDULE

SAVE THE DATES 2023-2024

13

2023 FALL SEMESTER

JANUARY

1st- NEW YEARS EVE (CLOSED)
2ND- 2023 FALL SEMESTER RESUMES
15TH- MLK JR DAY (CLOSED)
27TH- LAST DAY OF 2023 FALL SEMESTER
29TH- FIRST DAY OF 2024 SPRING SEMESTER

2024 SPRING SEMESTER

FEBRUARY

12TH-18TH- WINTER BREAK (CLOSED)
19TH- PRESIDENTS DAY (CLOSED)

MARCH

29TH-31ST- GOOD FRIDAY AND EASTERN ER (CLOSED)

APRIL

15TH-21ST- SPRING BREAK (CLOSED)
22ND - PASSOVER (OPEN)

MAY

11TH- TENTATIVE ADG FEST #4
24TH-27TH- MEMORIAL HOLIDAY (CLOSED)

JUNE

8TH- LAST DAY OF 2024 SPRING SEMESTER CLASSES FOR LOWER SCHOOL DANCERS
15TH- UPPER SCHOOL DRESS REHEARSAL & RECITAL PALACE THEATRE STAMFORD
18TH- 2024 NUTCRACKER AUDITIONS
19TH- TAP AND JAZZ COMPANY AUDITIONS
20TH XPLOSION HIP HOP COMPANY AUDITIONS
24TH- SUMMER AFTERNOON AND EVENING CLASSES BEGIN

JULY

4TH- JULY 4TH (CLOSED)
8TH- SESSION I THEME DANCE CAMP
15TH- SESSION II THEME DANCE CAMP
22ND- SESSION III THEMES DANCE CAMP
25TH- LAST DAY OF SUMMER AFTERNOON AND EVENING CLASSES
29TH-SESSION IV THEMED SUMMER DANCE CAMP



ALLEGRA

DANCE GREENWICH

2024 Spring Semester Registration Form ¹⁴



2024 SPRING SEMESTER REGISTRATION FORM

Section I: Personal Student Information (To be completed by Student and Parent)

Student's Name : Last _____ First _____ MI _____

Mailing Address: Street Address _____ City _____ State _____ Zip _____

Student Date of Birth	Age/Grade	Email
HM () -	Cell () -	

Please place a next to the class(es) you wish to register for.

Rising Stars

- Monday Beg/Int -Tap/Jazz 5-9yrs
5:45-6:30pm
- Tuesday Beg/Int Hip Hop 4.5-7yrs
5:30-6:15pm
- Friday RS **BOYS** ACRO/JAZZ 3-5yrs
3:45-4:15pm
- Saturday Ballet 2.5-4yrs
9:30-10:00am
- Saturday Ballet 1 4.5-6yrs
10:00-10:45am

Hip Hop

- Tuesday Int. Hip Hop 8-12yrs
6:15-7:15pm
- Thursday Int./Adv. Hip Hop 14-18yrs
5:30-6:30pm
- Thursday Adv. Hip Hop 14-18yrs
6:30-7:30pm
- Saturday Kids Xplosion
Audition Based
12:00-1:00pm
- Saturday Junior Xplosion
Audition Based
1:00-2:00pm
- Saturday Senior Xplosion
Audition Based
2:00-3:00pm

Ballet

- Saturday Ballet 6/7 Technique
11:00-12:00pm
- Saturday Ballet 6/7 Choreography
12:00-1:00pm
- Tuesday Ballet 2
4:45-5:30pm
- Tuesday Ballet 4
7:15-8:15pm
- Tuesday Pre-pointe/Pointe
8:15-9:00pm
- Wednesday Ballet 3
4:30-5:30pm
- Wednesday Ballet 4
5:30-6:30pm
- Wednesday Ballet 5
5:30-6:30pm
- Wednesday Ballet 6/7 Technique
6:30-7:30pm
- Wednesday Ballet 6/7
Choreography
7:30-8:30pm
- Friday Ballet 3
4:15-5:15pm

Jazz/Contemporary

- Monday Int. Contemporary/Jazz
4:45-5:45pm
- Monday Teen II Jazz Co.
Audition Based
5:45-6:45pm
- Thursday Elite Jazz Co. Technique
Audition Based
7:00-8:00pm
- Thursday Elite Jazz Co.
Choreography
Audition Based
8:00-9:00pm
- Saturday Junior Jazz Co. Technique
10:00-11:00am
- Saturday Junior Jazz Co.
Choreography
11:00-12:00pm

Tap

- Monday Teen/Senior Tap Co.
Audition Based
6:45-7:45pm
- Wednesday Junior Tap Co.
Audition Based
3:45-4:30pm

Acro

- Friday Beg./Int. Acro
5:15-6:15pm
- Friday Int./Adv. Acro
6:15-7:15pm

Modern

- Tuesday Int./Adv. Modern
3:45-4:45pm
- Thursday Beg./Int. Modern
7-10yrs
4:00-4:45pm

Private Lessons

- Mondays 7:45-8:45pm
- Fridays 7:15-8:15pm
- Saturdays 1:00-2:00pm
- Saturdays 2:00-3:00pm

Stretch/Flex

- Mondays Age 8-10
3:45-4:45pm
- Thursdays Age 10-18
4:45-5:30pm